

The SIWHP project aims to enhance the knowledge of workplace health promotion of specialists in occupational, traffic and sports medicine in Slovenia, thus making their role in this field more important.

Contents of training

Educational Materials:

- » Transparencies
- » Case Study
- » Glossary
- » Manual

Methods of training

- » Lectures
- » Workshops
- » E-learning

Trainees evaluation

- » Preparation of a seminar paper
- » Questionnaire

The aim of the project

The general aim of the project is to introduce an innovative educational programme about workplace health promotion to Slovenia, a programme intended for specialists in occupational, traffic and sport medicine, to expand it by means of up-to-date relevant knowledge in cooperation with European partners and to adapt it to the situation in Slovenia. The programme was first implemented in Romania.

Learning methods

- » Learning at workshops
- » Individual learning
- » Lectures with the help of transparencies
- » Discussions
- » Teamwork
- » Individual work
- » Exercises carried out on the basis of a case study
- » Role plays

Contents of training

Health promotion and workplace health promotion (WHP)

Research and information in WHP

Project management in WHP

Professional risk assessment and its role in WHP programmes

Promoting work ability and its benefits as a means of WHP

Work Organization

Ergonomics and WHP

Mental health promotion



CSES, University of
Perugia



University Medical Centre Ljubljana
Clinical Institute of Occupational,
Traffic and Sports Medicine



Romtens Foundation



Prevent, Institute for
Occupational Safety
and Health



Work Research
Centre (WRC)



Eworx, Greece

Experts from the following organizations also participate:



Finnish Institute of
Occupational Health



Nofer Institute of
Occupational
Medicine



National Institute for
Safety and Hygiene
at Work

<http://www.si-whp.eu/>



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Workplace health promotion as a means of increasing the professional knowledge of the Slovenian occupational, traffic and sports medicine physicians